

Charting a Life Course



a class for individuals and families

to help them plan for the present and future!

“LifeCourse was created by families to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to do, identify how to find or develop supports, and discover what it takes to live the lives they want to live.” -

lifecoursetools.com*

For more information, please contact Renee Carter

573-874-1995 ext. 312

***lifecoursetools.com is a project of Missouri Family to Family**

