HELPING TO MEET THE CHALLENGES OF DEVELOPMENTAL DISABILITIES

Our Mission is to effectively and efficiently use agency and other available resources to enable Boone County residents with developmental disabilities to progress toward normal living and to develop, as far as possible, their capacity, performance, and relationship with other persons.

Robyn Kaufman Assumes Executive Director Leadership

When Robyn Kaufman was hired as Executive Director of Boone County Family Resources in September, there were no dramatic changes planned for the agency. It was more a quiet changing-of-the-guard than an ostentatious passing of leadership.

“Robyn brings a wealth of experience and a deep reservoir of common sense as well as passion to her leadership of the agency,” said Bob Bailey, Chairman of BCFR’s Board of Directors who voted unanimously to hire Robyn to succeed longtime Executive Director, Les Wagner. She had been serving as Interim Executive Director since Les stepped down in July.

Robyn follows Les, the first executive director of the agency, who was hired in 1977 two years after the Missouri General Assembly passed a law that allowed for the creation of taxing entities that could raise revenue though property taxes and use the funds to help people with developmental disabilities.

In his 35 years at the helm of BCFR, Les dedicated himself to building an agency on the cutting edge. His efforts in many ways have changed how the entire state of Missouri views and supports people with developmental disabilities. He helped champion the shift from people with disabilities living in institutional settings to living and working with support in the community.

Robyn has been a part of the transition that expanded BCFR from serving eight clients in a group home to more than 1,400 in the current fiscal year, most living in their own homes. She has worked 30 years in programs

Story continued on page 2
Robyn Kaufman Assumes Agency Leadership  (continued from page 1)

for individuals with developmental disabilities – more than 23 of those years at BCFR.

“I am honored to have this opportunity to serve our county and the individuals with developmental disabilities and their families we support,” Robyn said. “I look forward to not only continuing the nationally accredited services and programs of the agency, but also to seek innovative ways to support persons with developmental disabilities as they live, work and actively participate in our community.”

She also plans to continue to strengthen collaborative partnerships with the public, staff, persons served, providers and other stakeholders.

Robyn’s experience has given her a deep understanding of the field of developmental disabilities and a base on which to balance future decisions.

“I look at problems from macro and micro views and think outside of the box,” she said. “I think the synergy of multiple perspectives leads a person to a better solution in most situations and increases buy-in. I value tradition and structure but also keep an eye and ear open for a new and improved way of doing things.”

Robyn, who is married and has two children, is no stranger to the field of developmental disabilities, beginning her career in 1982 as a Therapeutic Recreation Specialist/Adult Education Teacher with Woodhaven Learning Center in Columbia. Two years later, she was promoted to Adult Services Coordinator in which she oversaw a residential program for 80 adults with disabilities, including six group homes and two apartment programs.

In 1987, Robyn joined BCFR as the Residential Program Manager responsible for client advocacy and supervision of staff among other administrative duties. She returned to BCFR in 1990 after a one-year stint with Jefferson County Arc. A year later, Robyn was named Director of Family & Community Living Support, a new program providing case management on a local level. During her 19 years as Director, Kaufman helped develop the program that grew from serving 99 individuals to more than 1,000. In 2010, she was named Associate Director and assisted Les with overall administration and management of the agency.

Robyn’s commitment to helping individuals with developmental disabilities reaches far beyond Columbia.

Among her many leadership highlights, she serves on the Special Olympics-Missouri Board of Directors and was a founding member of the Central Missouri Rapid Response Initiative, a partnership focused on early diagnosis and intervention of children with Autism Spectrum Disorders. She is also a member of the Board of Directors for the Missouri Chapter of the American Association for Intellectual and Developmental Disabilities (AAIDD) and last year served as President. The organization is a national professional association promoting progressive policies, sound research, and effective practices for people with intellectual and developmental disabilities.
More than 250 people braved the cold and rain September 13 to attend the 15th annual BCFR Picnic sponsored by the Elks Lodge #594.

Picnic goers of all ages stayed dry inside the Leech Pavilion at Bethel Park where Elks Committee chairman Ray Boothe and his team of volunteers served up hotdogs and hamburgers.

“The Elks adopted BCFR as our local charity,” said BCFR Board Member Russ Williams, who is also an Elk and serves as a liaison between the two organizations. “Through events like this, we feel we can help make a difference.”

Jazz music was provided by Rock Bridge High School musicians Dalton Haggard, keyboard, and Kaleb Jacks, saxophone. Kaleb is the son of BCFR Support Coordinator Mary Jacks.
YOUR MISSOURI VOTER BILL OF RIGHTS

As a registered Missouri voter, you have the right to:

1. Cast your ballot free from interference in a private and secret manner unless assistance is requested;
2. View written instructions on how to obtain and cast a ballot;
3. Ask for and receive further instructions from election judges concerning the manner of voting;
4. View a sample ballot in the polling place before voting;
5. Cast a vote if you are in line before the polls are closed at 7:00 PM (closing time at the polls);
6. Ask for assistance from an election judge or person of your choice if you have any physical disability which hinders your ability to independently vote your ballot; cast your ballot on an accessible voting system (i.e. equipped with an audio ballot); or request curbside voting or a more accessible polling location if needed;
7. Receive another ballot if your ballot is accidentally spoiled or you make an error;
8. Vote by provisional ballot if your name is not on the precinct register and the election judges or election authority cannot determine your registration status;
9. Vote by absentee ballot when permitted by law;
10. Verify that the choices you made on the screen match the attached voter verifiable paper audit trail if you vote on a "touch screen" system;
11. File a grievance with the Secretary of State's office if your rights under the Help America Vote Act, Title III, have been violated.

If you believe your voting rights have been violated, contact the Missouri Office of the Secretary of State at (800) 669-8683 or the U.S. Department of Justice at (800) 253-3931.

This information is in compliance with the Help America Vote Act 2002 and Section 115.417, RSMo.

Source: http://www.sos.mo.gov/elections/voter_rights.asp

ACCESSIBLE VOTING

CURBSIDE VOTING

 Voters with limited mobility can vote “curbside” or outside the polling place. Ask someone at the polling place to go in and ask for poll workers to bring a ballot out to you. They should bring the ballot within a reasonable period of time.

ACCESSIBLE POLLING PLACES

 If you have physical disabilities and your polling place is not accessible, you may request a different polling place assignment so that you may vote in a more accessible polling place. Contact your local election authority to make this request.

ACCESSIBLE VOTING SYSTEMS

 Every polling place must have an accessible voting system for individuals with disabilities, including audiovisual accessibility. Accessible systems include an audio ballot to make your selections or the ability to enlarge text so that you can read the on-screen ballot with ease. You may have a person of your choosing accompany you to help vote. Also, a bi-partisan team of election workers may read the ballot to you and mark the ballot at your direction.

PERMANENT ABSENTEE VOTING

 If you have a permanent physical disability, you may request to be placed on a designated list so that your local election authority can automatically mail an absentee ballot application directly to you prior to each election. You will need to make this request directly to your local election authority who will send you further information.

Source: Missouri Voting Rights Center
http://www.sos.mo.gov/elections/goVoteMissouri/howtovote.aspx

MORE VOTER INFORMATION IS AVAILABLE AT:
www.showmeboone.com/CLERK
http://www.sos.mo.gov/elections/

Get out the Vote!

It’s time for another major election at the national, state and local levels. Missouri voters will cast their ballots for President of the United States and the Governor of Missouri as well as important national, state and local representatives, offices and issues.

Let your voice be heard!

For people with disabilities, there are several options for voting available on the Boone County Clerk’s website at www.showmeboone.com/CLERK. But first and foremost, you must register to vote by October 10 to participate in the November 6 election. You can register in a variety of ways, which are spelled out on the county clerk’s website. If you have a disability, you can request a deputy registrar to register you at your home by calling the Boone County Clerk’s office at (573) 886-4375.

If you would like more information about registration and voting, contact your BCFR Support Coordinator. They will be happy to provide information so you may exercise your right to vote!
REMEMBERING A PARENT & FRIEND
By: Laurie Ritter and Laura Cravens

Boone County Family Resources lost a great friend this past spring. Longtime member of the Friends of BCFR, John Phillips “Jack” Kennedy passed away on May 26 and is missed by countless staff and individuals served by the agency.

Mr. Kennedy was father to Mary Kennedy who has lived in BCFR’s Supported Living program for more than 20 years. Mr. Kennedy and his wife, Nancy, visited their daughter often and were regular participants in agency events and supported living family parties.

Mary said she would like people to know that her father was a member of Calvary Episcopal Church and a volunteer at the Columbia Public Library. She said her father would visit her at home and bring her bubble bath. Mary also mentioned vacationing with her family on the Delta Queen riverboat.

Laurie Ritter, a longtime friend of Mary’s, said she had known Mr. Kennedy for more than 30 years. She remembers he held a graduation party for Mary, Laurie and other classmates in 1985. Mr. Kennedy was also the Friends of BCFR representative who presented Laurie’s brother with the Super Sib award a few years ago.

Mr. Kennedy was a member of the Boone County Historical Society, Friends of the Columbia Public Library and the Rotary Club of Columbia. He is survived by his wife, daughter and son Thomas.

NOMINATIONS FOR ANNUAL AWARDS

ONE WHO MADE A DIFFERENCE
This annual award, established in memory of Marie Kovar, recognizes one or more persons who have made outstanding contributions to bettering the lives of persons with developmental disabilities.

The award will be presented by the Board of Directors of BCFR at the Annual Holiday party on Thursday, December 13. Nominations for the award should include a description of the nominee’s activities and accomplishments on behalf of people with disabilities in Boone County.

Deadline for nominations is October 29. Please submit nominations to the attention of Bob Bailey, Board Chair, at Boone County Family Resources, 1209 E. Walnut, Columbia, 65201 or by e-mail at executivedirector@bcfr.org.

SUPER SIB AWARD
The award, presented annually, recognizes siblings of individuals with special needs for the supportive, and often times challenging, role they play as a contributing member of their family.

This award will be presented by the Friends of Boone County Family Resources at the 2012 Holiday party on December 13. Nominations for the award should include a description of the nominee’s activities and accomplishments.

Deadline for nominations is October 29. Nominations should be submitted to the attention of President Kay Conklin at Friends of BCFR, 1209 E. Walnut, Columbia, 65201 or by e-mail at executivedirector@bcfr.org.

THE FRIENDS OF BOONE COUNTY FAMILY RESOURCES
INVITES YOU TO THE
2012 HOLIDAY PARTY & DANCE

Thursday, December 13
5:30 - 8:00 p.m.
At the Cosmopolitan Community Center

Watch for more information!
SUCCESS SPOTLIGHTS

Leo
Chances are good that Leo worked twice as hard as most of his classmates to reach his first day of school. Attending mainstream kindergarten this fall was a monumental moment for this 5-year-old.

It wasn’t that long ago when Leo’s parents were struggling to understand why their son didn’t behave like other boys his age. Finally, two years ago, he was diagnosed with autism and referred to BCFR.

Since then, Leo’s parents have immersed themselves in all the supports and services they can find. BCFR has provided funding for a number of services including speech and occupational therapies and Specialized Home Based Support Services. He also receives services through the Thompson Center.

“We are so excited that Leo is attending mainstream kindergarten,” said Joanna, Leo’s mother. “We’re also really grateful to BCFR for making intensive behavioral therapy, speech and occupational therapy available to Leo when he needed it most.”

Jacob
When Jacob graduated from high school in 2010, he hit the pavement, searching for work. His hard work finally paid off this summer when he landed a job with Jimmy Johns.

Before starting his job, Jacob spent several years training with BCFR’s Life and Work Connections’ Work and Landscape crews. The experience taught Jacob the importance of being dependable, punctual and responsible.

While striving to reach his goal of employment, Jacob received on-the-job experience through several volunteer positions where he learned to operate a cash register, take direction from a supervisor, prioritize tasks and develop customer service skills.

Jacob also trained with a BCFR Community Skills Specialist where he practiced mock interviews, completed applications, developed interview skills, and assembled an extensive resume. But the training and skills-building has not stopped there. “I am gaining new responsibilities each day I go into work,” Jacob said. Looks like Jacob is on the road of success.

Zachary
For many individuals, the transition from high school to work is challenging but don’t tell Zachary. He makes it look easy.

By the time Zachary, 19, graduated from Rock Bridge High School in May, he had reached many goals, including landing a job at The Bluffs. In August, he started taking classes at Moberly Area Community College.

While his transition to the working world appears effortless, Zachary and his team have been working towards community employment since the fall of 2011. That’s when Zachary began working with ACT Career Services and on BCFR’s Life and Work Connection’s janitorial work crew.

“I could not have done this without the help from BCFR and ACT,” Zachary said. “I was nervous at first about all the changes in my life for the last couple months, but I am now getting used to my schedule and living on my own with my step-brother.”
**BCFR GOES TO MARKET**

Boone County Family Resources tried something new this summer and participated twice in the North Village Arts District Farmers & Artisan Market. The event gave BCFR staff a chance to share information about the agency and answer questions.

In August, BCFR teamed up with Services for Independent Living to demonstrate adapted gardening tools. However, the biggest crowd pleaser that day was the People First bake sale, which brought in more than $130 for the self-advocacy group. The money went toward sending three member representatives to the SABE (Self Advocates Becoming Empowered) national conference in St. Paul, MN.

In September, BCFR joined Access Arts for another morning at the market. Access Arts demonstrated pot throwing on an electric pottery wheel and BCFR staff fielded questions.

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**People First Sends Reps to SABE National Conference**

By Jason Mize

I traveled with three other members of People First to St. Paul Minnesota, for the SABE National Conference in September. SABE stands for “Self-Advocates Becoming Empowered.” The conference celebrated the self-advocacy movement – people with disabilities speaking out about what they want and need. We want to be part of our communities. We may need support to get there. We don’t want pity. We don’t want a handout. We want regular lives like everyone else. And we want to give back.

Greg Griffin, Arnold Larson and Mark Satterwhite with the local Boone County People First Chapter, as well as the Cooper County Chapter representative, rode together to St. Louis, then took a plane to St. Paul.

The conference gave us ideas about what other chapters are doing and what we could do better. There were interesting sessions on the problem of bullying, the importance of voting and responsible dating, for example. Hundreds of people from across the U.S. and some from Canada attended. We met many people who care about the same things we do.

We owe a big thanks to the supporters who helped us go to this major self-advocacy conference: Friends of Boone County Family Resources, Boone County Family Resources, People First of Boone County, People First of Missouri and the Missouri Developmental Disabilities Council.

People First of Boone County meets every second Thursday of the month at Boone County Family Resources.
On a sunny afternoon in early September, a group of five students gathered at Columbia College for their weekly class. From the outside, it looks like a typical day on a college campus but these students are unique. They are part of College for Living, a new program offered by Boone County Family Resources’ Life and Work Connections that offers high school graduates with developmental disabilities the chance to learn about life skills on a college campus.

College for Living is about “establishing community partnerships, offering new opportunities and creating an environment where students are able to connect with same-age peers and make connections within the community they live,” said Reneé Carter, Life and Work Connections Client Services Coordinator.

The idea for College for Living began in 2007 and resulted in classes focused on healthy relationship boundaries taught in a group setting at BCFR. This fall marks the first time a College for Living class has been held at a college. The class is focused on planning to live independently, the most popular topic among clients between the ages of 19-26 years old.

The five students who enrolled in the class plan to live on their own in the near future and since beginning the class in August, have practiced goal-setting, planning a budget and learning about safety from the Columbia Police Department.

“I’ve learned a lot about being safe,” stated 18-year-old student, Kierra. “I think this class is helping me when I get my own place a few years down the road.”

Preparing students for life a few months or years down the road is the focus of the curriculum that incorporates community speakers, videos, hand-on activities and tours to engage and teach students.

College is a rite of passage for many high school graduates, yet individuals with disabilities are much less likely to experience this transformative opportunity. Some high school graduates with intellectual disabilities benefit less from academic training and more from opportunities to practice “real life” skills.

Many institutions of higher learning are responding to this demand with programs offering options for people with intellectual disabilities. Think College, a post-secondary research and training initiative of the Institute for Community Inclusion (ICI) at the University of Massachusetts Boston, lists 200 programs across North America.

College for Living hopes to join the ranks.

When asked to consider what living independently would be like, Kierra shared her vision of the future: “The idea of being alone in my own home is exciting. I love peace and quiet.”

In an effort to support Kierra and others, additional classes are being planned for 2013. Goals are aimed at expanding learning opportunities and community partnerships and increasing the number of student volunteers to mentor College for Living students. While college was once thought of as an opportunity for the very few, College for Living is an example of what college can be for many.

Class Topics Include

- Establishing individual goals
- Budgeting and money management
- Safety at home and in the community
- Healthy living
- Apartment planning
- Time management
- Planning for future goals

To enroll in classes for next semester or for more information, contact: Maya Tarter, Client Services Coordinator, at 874-1995 ext. 158 or mtarter@bcfr.org
Support Groups

**Boone County People First** meets at 5 p.m. the 2nd Thursday of the month in the Friends Room at Boone County Family Resources, 1209 East Walnut. For more information, call Mark Satterwhite at 573-874-1995.

**Brain Injury Support Group** meets at 6:30 p.m. the 2nd Thursday of the month at Rusk Rehab Center, 315 Business Loop 70 West. For more information, call Dr. Eric Hart at 573-882-8876.

**High School and College Youth Networks (Services for Independent Living)** meets monthly. For more information, call Mark at 874-1646.

**Central Missouri Down Syndrome Family Network** will meet at 6 p.m. on November 16 at Boone Electric Cooperative, 1413 Range-line. Free child care provided by PT, OT and Special Ed teachers. For more information, call Kathleen Basi at 573-449-8342.

**Fibromyalgia/Chronic Fatigue Syndrome Support Group** meets from 2 to 4 p.m. the 2nd Wednesday of each month at Services for Independent Living, 1401 Hathman Place, and from 6:30 to 8:30 p.m. the 4th Thursday of each month at Columbia Public Library, 100 West Broadway. For more information, call Barbara Hartwig at 449-4842.

**Foster/Adoptive Parents of Mid-Missouri (DFS)** meets from 6:30 to 8 p.m. the second Tuesday of the month at Blue Ridge Christian Church, 2400 Blue Ridge Road. For more information, call Karin Stuart at 882-9180.

**Grandparents Raising Grandchildren Support Group** meets from 5:30 to 7 p.m. the third Thursday of the month at ParentLink, 4800 Santana Circle. For more information, visit [ParentLink](http://education.missouri.edu/orgs/parentlink/grandfamilies/index.php).

**Meet and Greet Group (Services For Independent Living)** Time and location varies. For more information, call Steve Dopp at 874-1646.

**Moms of Children with Autism** meets monthly to share information and resources. For more information, contact Lora Hinkel at lorahinkel@hotmail.com

**Missouri Apraxia Support Group** meets to share information and resources. For meeting times/locations, contact Barbara Varner at 573-687-3526 or varnerb@missouri.edu

**Multiple Sclerosis Support Group** meets at 6 p.m. the 3rd Wednesday of the month at Rusk Rehabilitation Center, 315 Business Loop 70 West. For more information, call Rusk Rehab at 817-2703.

**Parent Network (Services For Independent Living)** meets from 11:30 a.m. to 1 p.m. the 2nd Thursday of the month and from 6-8 p.m. the 4th Thursday of the month at Services for Independent Living, 1401 Hathman Place. For more information, call Mark Ohrenberg at 874-1646.

**Parkinson’s Support Group** meets from 4 to 5 p.m. the first Thursday of each month at the Senior Center, 1121 Business Loop 70 West. For more information, call Gerri Neely at 573-815-3554.

**PAVE (People Advocating for The Voice of Equity)** meets regularly. For more information, call Services for Independent Living at 874-1646.

**Services For Independent Living’s Brain Injury Support Group** meets from 1 to 2 p.m. the 2nd and 4th Wednesday of the month at Services for Independent Living, 1401 Hathman Place. For more information, call Jill Lamberti at 874-1646.

**Women’s Support Group (Services For Independent Living)** meets 2 to 3:30 p.m. every Tuesday at Services for Independent Living, 1401 Hathman Place. For more information, call Jill McClintock at 874-1646.

**Wii Excellerate** provides a place for youth with and without disabilities to hang out, play games and have fun from 6 to 8 p.m. the 1st and 3rd Friday of the month at Services for Independent Living, 1401 Hathman Place. For more information, call Mark Ohrenberg at 874-1646.

**REMINDER!** Support Groups and Upcoming Conferences are updated regularly on our website at [www.bcfr.org](http://www.bcfr.org).

**HELP US BE GREEN AND SAVE TREES - - SIGN UP TO RECEIVE THE NEWSLETTER ELECTRONICALLY**

Upcoming Webinars

- Basics of the Social Security Program
- How Wages Affect Benefits and Medicare
- How Income Affects SSI and Medicaid
- The Work Incentives Available

Autism Spectrum Disorders sponsored by Thompson Center for Autism and Neurodevelopmental Disorders:
http://thompsoncenter.missouri.edu/training/modules.php  - free.
Five modules are available: Understanding Autism in Young Children; Screening and Referral; Evidence-Based Practice and Interventions; Transition to Adulthood; Family-Professional Partnerships

Emergency Healthcare in Adults with IDD; Part 2 Hospital Care For more information or to register go to:

Trauma-Informed Behavioral Interventions  Archived powerpoints, recordings, and resources from the August 15 event.
http://aaidd.org for more information.

Missouri Institute of Mental Health  http://www.mimhtraining.com/  Listing of upcoming web conferences, dvd trainings and web trainings including Purposes, Principles, and Functions of the Strength-Based, Person-Centered Approach to Community Mental Health; Trauma 101: Understanding the Impact of Trauma; Preventing Suicide; Emotional Skills: A Key to Successful Behavior; Exercise and Nutrition Plus Diabetes Management; Diabetes Management for Persons with Mental Illness and Developmental Disabilities.

Upcoming Conferences

October 13  How to Write Measurable Goals  - training will be held at the LOQW Macon Office, 204 Crescent Drive, Macon, MO. Learn how to write individualized and measurable educational goals for your child and track your child’s progress with this easy to understand training for parents of children with disabilities.  http://ptimpact.org/Training/Training.aspx

October 19  The Autism & Asperger’s Conference  presented by Future Horizons, Inc. - KC Airport Hilton, Kansas City, MO. The keynote speaker will be Dr. Temple Grandin who has faced the challenges of autism and whose story has been told in an award winning HBO movie. For more information or to register, please go to  www.FHautism.com

October 25  The 2012 Central Missouri Autism Conference  “Piece by Piece: Building Our Understanding of Autism” - Stoney Creek Inn, Columbia. Presented by TouchPoint Autism Services. Open to professionals and families impacted by autism. For more information or to register please go to  www.lifeskills-mo.org

October 25-28  The 2012 National Convention and International Forum  presented by The Arc and Inclusion International - Grand Hyatt, Washington, DC. Four-day conference is packed full of speakers, a pre-conference focused on teaching leadership and self-advocacy skills and film festival. For more information or to register please go to:  http://www.thearc.org/page.aspx?pid=2824&srctid=1&erid=2906962&trid=e5484935-718e-477b-80a2-25ecf3ccfd54

SAVE THESE DATES IN 2013

March 12-14  Missouri AAIDD will be bringing in Dave Hingsburger for a set of 3 different trainings across the state.  March 12, 2013 will be in Kansas City: “Sexuality and People with Intellectual Disabilities”;  March 13 will be in Columbia: “Making Contact, Making Connections, Making Community”; and  March 14 will be in St. Louis: “If You Do That One More Time: Behavioral Approaches to People with Developmental Disabilities”.  More details to follow.

April 19-20  The Thompson Center for Autism and Neurodevelopmental Disorders will be holding its annual Autism Intervention Conference in Columbia. Please check their website  http://thompsoncenter.missouri.edu  in the spring.

May 20-21  The Association on Aging with Developmental Disabilities will be holding their 23rd Annual Conference. Holiday Inn Southwest & Viking Conference Center, St. Louis. Please check their website  www.agingwithdd.org  in the spring.
WINTER IS COMING:
IS YOUR HOME READY?
By: Kip Kendrick, BCFR Support Coordinator

Six years ago, I purchased an older home that had a lot of air leaks and lacked sufficient insulation. The energy bills through my first summer and winter made me second guess my decision to become a homeowner! I knew my home was inefficient, but I did not know how to go about solving the problem on my own.

Then I learned about the City of Columbia’s Home Performance with Energy Star Program. First, a qualified contractor visited my home and conducted an intensive evaluation, or audit, of my home’s energy performance. He recommended changes to save both energy and money while increasing the resale value of my home. I was also eligible for up to $1,200 in rebates. I was sold!

Over the course of a few months, I had an assessment of my home’s energy performance, worked with local contractors to complete the audit recommendations and completed some of the work myself to save some more money. Finally, the City conducted a post-evaluation and the results became obvious to me. I received a sizable rebate from the city, my energy bill immediately dropped, and my home was less drafty and more comfortable than ever.

Four years later, I have saved more than the cost of my energy efficiency updates. Participating in the Home Performance with Energy Star Program was the best decision I have made for my home.

To learn more about this program:
- type “Home Performance with Energy Star” into the search tab on the City’s website www.gocolumbiamo.com
- call the Water & Light Office at (573) 874-7325
- visit Water & Light Staff during business hours at City Hall, 701 East Broadway on the 4th floor.

Feel free to contact me if you have questions about the program. I can be reached by phone at (573) 874-1995 or by email at kkendrick@bcfr.org.
Join a team who believes in creating better life opportunities for people with developmental disabilities. We want someone who can reach out, help build confidence, and enable people to become more independent, successful members of our community.

That someone could be you!

Visit our web site at www.bcfr.org for a listing of current position openings

Outstanding benefits package!

To apply send resume, cover letter, & 3 work references to:
Human Resources Dept.
BCFR
1209 E. Walnut
Columbia, MO 65201
or email jobs@bcfr.org

EOE/Drug-free Workplace

Boone County Family Resources needs the power of YOU!

We reward Teamwork, Loyalty, and Productivity

Do You Know Someone We Can Help?

A Developmental Disability is a mental or physical impairment that occurs before the person is 22 years old, is likely to continue, requires individually planned, coordinated services and limits the person in two or more areas (self-care, communicating, learning, walking, judgment and living or working independently).

Persons with a developmental disability and their families are eligible for services from Boone County Family Resources. The Family Support Program is a collaborative effort of the Boone County Family Resources Board and the Department of Mental Health through the Central Missouri Regional Office.

To apply for services contact BCFR

BCFR staff participated in College Colors Day on August 31

Thanks Elks Volunteers… food always tastes better when served by you!